



# Williams Lake Hospice Society

## September 2018

### Williams Lake Hospice Society... Our Fiscal year in review

**Williams Lake Hospice Society (WLHS)** is a non-profit, volunteer-based organization that has been operating in Williams Lake and area for over 20 years. Funded by Province of BC (Gaming), City of WL, United Way Community Fund and General, Memorial & In-kind Donations.

**OUR MISSION** is to improve the quality of life of those individuals and their families facing life-limiting illness, death or bereavement; through skilled and compassionate support, education and advocacy.

#### What is Hospice Palliative/End-of-Life Care?

- Focus becomes **caring, not curing; life not death**; provided to the individual living with an advanced/life-limiting illness & their loved ones only when and if they are prepared to accept it.

### Thank you for your generosity Williams Lake BUSINESSES, COMMUNITY GROUPS and the many INDIVIDUAL DONORS in 2017-2018!

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• BFF Fashions</li> <li>• Black Press</li> <li>• Cariboo Peacemakers</li> <li>• Catholic Women's League</li> <li>• Cameron &amp; Co</li> <li>• Cariboo-Chilcotin Funeral Services</li> <li>• Chemo RV Sales &amp; Service</li> <li>• City of Williams Lake</li> <li>• Clark Excavating</li> <li>• Cool Clear Water</li> <li>• Conservation Society</li> <li>• Cox International</li> <li>• EPCOR (Atlantic Power)</li> <li>• Home Hardware – Central Builders</li> <li>• Interior Health Authority</li> <li>• Laketown Furnishings</li> <li>• Marshall's Store (150 Mile House)</li> <li>• Mulberry Lane</li> </ul> | <ul style="list-style-type: none"> <li>• Province of British Columbia</li> <li>• Onetrix Solutions Inc.</li> <li>• Overlander Pub and Beer &amp; Wine Store</li> <li>• Old Age Pension Organization</li> <li>• Ramada Inn</li> <li>• Return It Bottle Depot</li> <li>• Royal Canadian Legion, 139</li> <li>• Safeway</li> <li>• Save-On Foods</li> <li>• Soul Syrup Wellness</li> <li>• Spa Bella</li> <li>• Spectra Energy</li> <li>• Taseko Mines Ltd</li> <li>• United Concrete</li> <li>• United Way – Thompson Nicola Cariboo</li> <li>• WL Lions Club</li> <li>• WL &amp; District Credit Union</li> <li>• WL Harley Owners Group</li> </ul> |
|--|--|

#### Donation \$ at Work

- **Comfort Items**, Medical Grade Sheepskins, Bed Alarms, Hip Protectors, CD Players, Fans, Covered Wedges, etc. invaluable comfort items for our clients
- **Resource Library & Information:** an extensive library of books, videos, handouts and information packages are available to individuals, family members and the general public., **Information booklets Wings of Change and The Nature of Grief**

#### 2017-18 Annual Stats

Number of Volunteer Hours: **1354**  
 Number of client Referrals: **97**  
 Number of Deceased individuals: **88**  
 Avg. # of individuals supported monthly: **33.25**

### Volunteers are the HEART of HOSPICE!



- **Volunteer Training:** 3 days of End-of-Life Support training includes: Communication Skills, Psychosocial Issues, Physical Processes of Dying, Pain/Symptom Management, Spirituality, Family Centered Care, Funeral & Legal Issues, Grief and Self-care.
- For more information contact: Daphne @ 250-392-5435 or via e-mail [vs.hospice@yahoo.ca](mailto:vs.hospice@yahoo.ca)

- **Volunteer Appreciation Events:** luncheon, potluck dinner, Interior Health volunteer tea.
- **Monthly Meetings:** last Wed. of each month; Weekly check-ins; **Continuing Education;** webinar links & **Annual Engagement Reviews.**



**Thank you to all our volunteers, you are the "Heart of Hospice!" and the driving force behind making the road less lonely.**

### Community Connections

- **Community Education:** Thompson Rivers University Programs: Practical Nursing; Bachelor Science; Home Care Assistants, and Community Service Workers
  - **Staff and Board Activities:** Strategic Planning; BCHPCA Conference, continued education, Interior Health working group and **Hospice Regional Meetings** and WL Social Planning Network
  - **Community Presentations/Events:** WL Lions Club, Daybreak Rotary, United Way BBQ & Movie Night, Memory Tree and Hike for Hospice
- **2017 Memory Tree: OUR Biggest Annual Fundraiser! Thank you** to everyone who supported Hospice and contributed to the success of our Memory Tree celebration. **\$3,749.10** was raised for WLHS programs!  
Annual Quilt Draw won by: **Marica Reid**
  - **2017 1<sup>st</sup> Annual Hike for Hospice fundraiser!** Run, walk, stroll, or roll with us “In Memory” or “In Honour” of your loved one. at Scout Island Nature Centre, this family fun day raised **\$2,769.84**

### Services and Projects

- **Memory Seed Program:** Make a **donation to WLHS** and plant a Memory Seed in memory of your loved one!
  - Volunteers ‘**Adopt a Box**’ and collect community donations. Memory Seed boxes @ **Compassionate Care Funeral Services, Chief Will-Yum, Bloomin’ Gifts, and Marshall’s Store @ 150 Mile House!**
- Thank you to the businesses that promote our Memory Seed Program. **\$440.40** was collected through generous community donations.



- **Bottle Collection Program: \$4,754.33 raised last year!** Bottles are collected by a volunteer and taken to **Return IT** Bottle Depot. Local businesses donating their bottles: Ramada Inn, Overlander Pub, Overlander Beer & Wine Store. **We can’t THANK YOU enough for your ongoing support!**
- YOU** can support Hospice by taking **YOUR** empty bottles to **Return IT** and simply say **“These are for Williams Lake Hospice Society”**. The great people at **Return IT** put the proceeds on our account.
- **\$388.08** raised in May for our **2<sup>nd</sup> Annual “May is Hospice Month in WL Bottle Campaign”**



### Upcoming Events / Dates to Remember (2018-19)

- 23<sup>rd</sup> Annual Memory Tree Celebration Dec. 2<sup>nd</sup>, 2018 @ 3pm**
- Look for WLHS volunteers again this year, providing our **Memory Tree Ornaments** at **locations to be announced Nov 12 to 25**.
  - Join us **Sunday, December 2<sup>nd</sup>, 2018** for our Service of Remembrance and Healing @ **City Hall Chambers and Lobby**.
- A beautiful way to remember and commemorate those who have passed away and a place for our community to gather for mutual support and healing.*



- **Volunteer Training October 25, 26, 27<sup>th</sup> 2018**
- **23<sup>rd</sup> Annual Memory Tree December 2, 2018**
- **April is National Volunteer Appreciation Month**
- **Volunteer Training April 25, 26, 27<sup>th</sup> 2019**
- **May is proclaimed as Hospice Month in the City of Williams Lake**
- **May is Hospice Month Bottle Campaign @ Return It**
- **3<sup>rd</sup> Annual Hike for Hospice May 5<sup>th</sup> 2019**

### A Note from the Staff

#### Note from WLHS Staff:

- **THANK YOU to our amazing volunteers!** You are a compassionate, invaluable source of support to our clients and their loved ones during a most difficult time. **Without you, there truly would be no Williams Lake Hospice Society! We really can’t thank you enough for what you do!**
  - Our **AGM** was held **Thurs Sept. 20, 2018 @** Deni House Education Room. **More than just an AGM;** it’s an evening for **volunteer, funder & member appreciation,** community connections and appetizers & refreshments.
  - **THANK YOU** to our **Board of Directors:** Sue Zacharias, Carol-Ann Taphorn, Keith Dobyms, Cameron Johnston, Linda McLaren... **for all you do!**
- A **HUGE THANK YOU** to everyone who **supported WLHS this past year!** Without the **ongoing support of our community,** assisting those individuals at end-of-life and their loved ones would not be possible.

**Thank you from the bottom of our HEARTS!**  
**Warmest Regards, WLHS Staff, Board & Volunteers**

#### Hospice Staff

- **Executive Director (ED):**  
Kathie Vilkas: [ed@williamslakehospice.com](mailto:ed@williamslakehospice.com)
- **Volunteer Services Coordinator (VSC):**  
Daphne Johnson [vsc.hospice@yahoo.ca](mailto:vsc.hospice@yahoo.ca)
- **Administrative Assistant:** Theresa Teppema  
[admin@williamslakehospice.com](mailto:admin@williamslakehospice.com)

<http://williamslakehospice.com/>



<https://www.facebook.com/williamslakehospicesociety/>